

2021 Southeastern Pediatric Nutrition Conference

Nutrition in the First Year

Essential Building Blocks
for Infants and Neonates

October 21 and 22, 2021
Shell Island Resort | Wrightsville Beach, NC

CONFERENCE SUMMARY

Building a strong foundation for a healthy life starts with infancy. Good nutrition in the first year of a child's life provides the essential building blocks for optimal brain development and healthy growth. This conference will focus on nutrition through the first year of life as it relates to prematurity, neonatal disease processes and the importance of human milk. Through a multidisciplinary approach, attendees will learn and understand the role and importance of nutrition in early postnatal life.

The Annual Southeastern Neonatal/Pediatric Nutrition Conference is designed to provide updated, advanced and practical approaches to contemporary issues in pediatric and neonatal nutrition. This activity will provide unique opportunities to learn, share and investigate new ways of assessing and managing pediatric patients with complex nutritional needs.

Hosted by



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Shell Island
Oceanfront Suites
Wrightsville Beach, NC

2700 N. Lumina Avenue
Wrightsville Beach, NC
800-689-6765 • www.shellisland.com
group rate: \$99/night

COVID-19 PROTOCOL

This conference is currently being planned as an in-person event. We will be following all state and CDC guidelines to keep attendees safe. However, if you are unable to attend in person, the recorded conference will be available approximately 30 days after the live event and continuing education credit will be available for some specialties.

To join the conference email update list, please send an email to janet.hoffer@ccneo.net

CONFERENCE AGENDA

DAY 1 • 8AM - 5PM

Redefining Breastfeeding Success by Defining Lactation Acuity

Gloria Dudley, RN, BSN, IBCLC, RLC
Registered Nurse, Lactation Consultant
Director of Lactation Services
ETSU Health
Department of Obstetrics and Gynecology
Johnson City, Tennessee

Practical Nutrition Management: Non-IgE Mediated Food Allergy

Raquel Durban MS, RD, CSP, LDN
Registered Dietician
Carolina Asthma & Allergy Center
Charlotte, NC

Reflux Spit Happens...Evidence-based Approach to Differentiating GER from GERD

Benjamin D. Gold, MD, FAAP, FACG
Children's Center for Digestive Healthcare, LLC
Gi Care for Kids, LLC
Atlanta, GA

Diagnosis and Management of Dysphagia in Infants

Lauren L. Madhoun, PhD, CCC-SLP, BCS-S
Speech Language Pathologist
Nationwide Children's Hospital
Columbus, OH

Short Bowel Syndrome: Hospital to Home

Alishia Mavis, MD
Pediatric Liver Transplant Specialist,
Pediatric Small Intestine Transplant Specialist, Duke Health
and
Sierra Nager, RD
Pediatric Abdominal Transplant Dietitian
Duke University Hospital

Transitioning from Tube to Oral Feedings and the Importance of Positive Experiences in Infancy

Erin Sundseth Ross, PhD, CCC-SLP
President, Feeding FUNDamentals, LLC
Longmont, Colorado

NETWORKING RECEPTION
THURSDAY EVENING

WHO SHOULD ATTEND?

Pediatricians, PAs, Neonatologists, Neonatal/Pediatric/Family Nurse Practitioners, General Medicine, Family Medicine, Pediatric Gastroenterologists, Dietitians, RNs, LPNs, APRNs, Physician Assistants, Pharmacists, Occupational Therapists, Speech Language Pathologists and related fields.

DAY 2 • 8AM-1PM

Iron: From Fetus to Follow-up

Michael Georgieff, MD
Martin Lenz Harrison Land Grant Chair
Professor in Pediatrics and the Institute of Child Development
University of Minnesota

How to Nourish our Preterm Babies and Heal the Lung

Fernando Moya, MD
Neonatologist, Medical Director-Nunnelee
Pediatric Specialty Clinic
Coastal Children's Services
Wilmington, NC

Neonatal-Pediatric Pharmacotherapy, Nutrition Support Therapy

Mary Petrea Cober, PharmD, BCNSP, BCPPS, FASPEN
Clinical Pharmacy Coordinator - Neonatal Intensive Care Unit
PGY1 Pharmacy Residency Director
Professor, Pharmacy Practice, Northeast
Ohio Medical University

Probiotics, Prebiotics, and Synbiotics – A Dash of this, and Splash of that to Achieve Host Immune Health Through the Microbiome

Benjamin D. Gold, MD, FAAP, FACG
Children's Center for Digestive Healthcare, LLC
Gi Care for Kids, LLC
Atlanta, GA

LEARNING OUTCOME

Upon the completion of this activity, participants will be able to identify the first year essential nutritional needs of infants and neonates.

CONFERENCE OBJECTIVES

At the conclusion of this activity participants will be able to:

1. Identify nutritional and therapeutic management strategies for medical conditions presenting in the first year of life
2. Describe the importance of human milk and identify considerations for redefining breastfeeding success
3. Understand the unique challenges of orally feeding the medically complex infant.
4. Apply neonatal/pediatric pharmacotherapy interventions that strive to improve nutritional status

Register Online at

Eventbrite®

CONTINUING EDUCATION CREDIT STATEMENTS AND DISCLOSURES:

CME Credit

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society through the joint providership of South East Area Health Education Center (SEAHEC), Coastal Children's Services (CCS) and INFANTS. SEAHEC is accredited by the NCMS to provide continuing medical education for physicians.

SEAHEC designates this live activity for a maximum of **11.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CNE Credit

SEAHEC is approved as a provider of continuing nursing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Participants must attend each session in its entirety in order to receive credit.

Total number of Nursing Contact Hours: Up to 11.0

Thursday's Nursing Contact Hours: Up to 6.75

Friday's Nursing Contact Hours: Up to 4.25

Pharmacy Credit



The University Of North Carolina Eshelman School Of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. To receive CE credit, participants must verify attendance, and complete the evaluation form(s) of this program. Participants must provide their name, email address, NABP e-Profile ID, and date of birth (MMDD) to receive credit. Statements of credit can be viewed and printed in CPE Monitor in approximately 2 to 3 weeks. It is the participant's responsibility to check CPE Monitor to verify credit has been uploaded. If credit is not shown, please contact the provider within 60 days of the program date. **No partial session credit will be given**

ACPE# 0046-9999-21-069-L04-P

Thursday session: 6.75 hours

ACPE # 0046-9999-21-071-L04-P

Friday session: 4.25 hours

The Commission on Dietetic Registration

CDR approved for 11.0 CPEUs

Speech-Language Pathologists: SEAHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation.

Contact Hours

6.75 – Thursday's Conference

4.25 – Friday's Conference

Continuing Education Credit Statements and Disclosures:

SEAHEC adheres to NCMS and ANCC Essential Areas and Policies regarding industry support of continuing medical education and continuing nursing education. Commercial support for the program, and faculty relationships within the industry, will be disclosed at the activity. Speakers will also state when off-label or experimental use of drugs or devices is incorporated into their presentations. Participation in an accredited activity does not imply endorsement by SEAHEC, NCMS, or NCNA of commercial products displayed in conjunction with an activity.